

Oral Surgery Post Operative Advice

Following your tooth extraction before you go home, your dentist has given you advice about looking after your teeth and gums. They may have recommended painkillers and an antibacterial mouthwash if required. They may have also prescribed you some antibiotics to reduce your chances of developing an infection. Don't worry if you don't remember everything, This is all need to know for your aftercare:

You don't always need a follow-up appointment after you've had a tooth removed. But if you had a complicated procedure, you might need to come back to see your dentist so they can check how you're healing. You would have already been given a date for this while you were in the practice.

Most people can go back to their normal routine the same day. Only if you have had a more difficult surgical extraction, it may take a few days to recover, so please do follow your dentists advice and see how you feel. If you are concerned about anything, like prolonged bleeding, do contact the practice for further advice.

After having a local anaesthetic, it may take a few hours before the feeling comes back into your mouth. This normally can take between 2-5 hours. During this time, however long, don't have any hot or cold food or hot drinks until normal sensation returns., if you do not you may burn or scold your mouth or accidentally bite your tongue, particularly when you eat. It may also lead to bleeding as the wound may have been disturbed. It is important to follow the instructions that you would have been given at your appointment.

Your mouth may feel sore **once the anaesthetic wears off.** If you need pain relief, you can take over-the-counter painkillers such as paracetamol or ibuprofen. Your dentist may suggest that you take paracetamol and ibuprofen together. Always read the patient information leaflet that comes with your medicines. If you have any questions, ask the dentist or the pharmacist for advice.

Some people find that their pain is worse about three days after the procedure but then settles down again within a week to 10 days. This is completely normal. If you're in severe pain and it gets worse, contact our practice or 111 for after-hours emergency care.

You may have stitches, depending on which tooth was removed, and why. The stitches will need to be removed so we will arrange for an appointment for you to come back and have the stitches removed in about 1-2 weeks' time typically.

Replacing removed teeth: Once you've had a tooth extraction, your dentist will usually recommend you fill the gap where your tooth used to be to restore function, aesthetics and stability. Some of the treatment options available for replacing missing teeth at Silicon Dental Centre are:

- **Dental implants: Dental bridges: Dentures**

Please speak to your dentist about options for replacing missing teeth. You will also find more information on our website www.silicondental.co.uk

We wish you a speedy healing process and if you have any questions, please don't hesitate to contact us.

Silicon Dental Centre